

How to do better in the exam.



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the question box

What is the number 1 factor to do good in the exam?

Secret of doing good in the exam

- Study



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Test Taking Strategies



Three phase

- Pre
- During
- Post

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1. Pre

- Begin on the first day of class; this includes paying attention during class, taking good notes, studying, completing homework assignments and reviewing study materials on a regular basis.
- Budget your time, make sure you have sufficient time to study so that you are well prepared for the test.
- Go to review sessions, pay attention to hints that the instructor may give about the test. Take notes and ask questions about items you may be confused about.
- Put the main ideas/information/formulas onto a sheet that can be quickly reviewed many times, this makes it easier to retain the key concepts that will be on the test.

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1. Pre

- Ask the instructor to specify the areas that will be emphasized on the test. Make sure you go to the class day before the exam day; it's another prime time for the instructor to give out more hints or the format of the test.
- Get at least 5 hours of sleep before the test (normally 8 hours of sleep a night is recommended)
- Make sure to take all the exam materials, pen, calculator, permits
- Wear a watch to check time during the exam so that you can better pace yourself.
- Eat light before a test. Don't go with empty stomach.

2. During the exam

- Do not study on the day of exam
- Arrive at least 5-10 minutes early.
- Go to the toilet, if needed before walking into the exam room.
- Sit alone, preferably in the front rows and avoid the crowded areas. Because this will help you to feel relaxed. If you start to feel nervous take a few deep breaths.
- Keep a positive attitude. Don't try to engage in the discussion with others on they have studied.

2. During the exam

- Once you received the question paper, read directions and all the questions carefully. Do time calculation.
- Do the easiest problems first; write the answer you know best. Answer the problems that have the greatest point values first.
- Don't stay on a problem that you are stuck on, leave some space and move answering the next question.
- Keep your eyes on your own paper, you don't want to appear to be cheating and cause unnecessary trouble for yourself.
- Ask the instructor for clarification if you don't understand what they are asking for on the test.

2. During the exam

- Write legibly. If the grader can't read what you wrote, they'll most likely mark it wrong.
- Don't worry if others finish before you.
- Don't panic. If you feel yourself sweating or hyperventilating, put down your pencil, close your eyes, take a few deep breaths, and consciously relax any muscles that you're clenching (jaw, neck, stomach). When you're calmer, then restart writing.
- If you done early, resist your urge to leave when you complete the exam.
- When you complete the last item on the test, remember that you're not done yet. Go back to review your answers, making sure that you didn't make any careless mistakes. Spend the last remaining minutes going over your answers for corrections.

Post

- When you instructor get your test back, look it over and make sure that there are no grading mistakes.
- Take motivation from your mistakes