

# Fine Tuning

## Your study area



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## About Study Area...


- Make sure your study area
  - Is a quite place
  - Has good lighting,
  - Has proper ventilation,
  - Has a comfortable chair, and
  - Has a desk or large table to spread your materials.
  - Keep your study materials in your hand reach

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## About Study Area...

- To avoid distraction, your table should face the wall not the window




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## About Study Area...

- Study where you will be alert
  - Study in study table
  - Use the library




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## About Study Area...

- Study where you will be alert
  - Study in study table
  - Use the library
  - Don't study in Sofa (sofa is for rest)




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## About Study Area...

- Study where you will be alert
  - Study in study table
  - Use the library
  - Don't study on Sofa (sofa is for rest)
  - Don't study on bed (bed is for sleep)



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## About Study Area...

### □ Minimize distractions .

- Remove TV, land phone from your study room
- Hang a "Do Not Disturb" sign, if needed.

